OUT-PATIENT UPPER ENDOSCOPY INSTRUCTIONS AT BRIDGEPORT HOSPITAL

You will be having what is known as an endoscopy. This involves a special instrument which you swallow so that we may examine your esophagus (food pipe), stomach and small intestine. This instrument is used to diagnose disorders in these areas. It is a relatively simple procedure, and you will be given medication at the hospital to make you comfortable.

Stop all blood thinners including aspirin, Plavix, Coumadin, etc. 5 days before your procedure unless instructed otherwise by the prescribing doctor.

DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT the night before your procedure. Your stomach must be empty for this procedure. If you are scheduled for an afternoon procedure (after 12 noon) you may have clear liquids up to 5 hours before your scheduled time.

THE DAY OF THE PROCEDURE:
You are to go to Bridgeport Hospital for ______________ on _____________________________.

Go to the main entrance off Grant Street. You can go directly to the Endoscopy Suite on the 4th Floor. Remember to bring your insurance cards.

*Do Not wear nail polish the day of your procedure.

*The medication you are given for the procedure will make you drowsy. Therefore the hospital will not allow you to drive. You MUST have a ride to and from the hospital. You will be at the hospital approx. 2 hrs.

*Please notify this office if your insurance changes between the time you came for your consultation visit and the time of your scheduled procedure.

*You must check with your insurance company what your benefits cover for this procedure. Also check to see if you have any co-pays for the hospital.

You are scheduled for a Diagnostic Endoscopy with code(s) _____________________.

The Endoscopy procedure codes used are as follows: 43235, 43239, 43226.

*If you have to reschedule, cancel or have questions regarding this procedure please call our office at 203.375.1200. We will notify the hospital regarding any cancellations or reschedules.